

# Mandukaya Upanishad, Class 74

Beginning from 75th verse to 86th,  
Gowdapadha is dealing with the cause of samsara. Ignorance of  
the thuriya  
atma, the fourth padha, which is our real higher nature is the  
cause of  
samsara. I am not viswa, taijasa, prajya; I am not kartha  
bothta or  
finite. Unfortunately, we have the problem of ignorance and  
we can't  
trace the origination of ignorance; The solution has to be  
removal of the  
ignorance and it can happen only with thuriya gyanam.

Ignorance generates samsara through:

Ignorance produces ahangara or misconception  
regarding my nature. When I forget that I am the waker lying  
on the bed,  
that ignorance becomes the cause for the dreamer. Self-  
ignorance is  
responsible for self-misconception. This is in the form of  
sthurala  
sareera abimana, becoming viswa or shukshama sareera abimana  
becoming taijasa  
or karana sareera abimana becoming prajya. These three put  
together is  
ahangara. For this ahangara I becomes real. When  
paramarthika  
sathyam is not known, vyavakariga sathyam becomes real. When  
the higher  
one is not known the lower one gets elevated. Therefore, the  
physical  
body becomes my real nature. My physical personality becomes  
my  
personality. Old age, death etc. becomes serious issues.

## Obsession

with the mithya dwaيدا prabanaja. Once I identify with the body as the ultimate, anything that gives security to the body, that also becomes very important. Mithya money, mithya people, mithya power – the entire mithya jagradh prabanja becomes very important. The original reality is gone, and one runs after the mithya prabanja. Mithya interaction becomes addiction and no time for thuriya adhistanam. Every person is trapped in pravirthi of mithya vasthu. The solution is to know the higher nature. Just like the dream body and dream world is falsified by waking up, this body and this world should be falsified by knowing higher nature. Swapna prabanja and jagradh prabanja are both mithya – as good as nonexistent.

There is a small different between waking up from dream world and waking up from this world. When I wake up from dream world, dream world disappears. When the spiritual waking up, the physical world does not disappear. Previously I experienced dwaيدا prabanja and attributed reality to it but after gyanam I will continue to experience dwaيدا prabanja but will not attribute reality to it. The difference is at the cognitive level. This is similar to studying in school, we know that the sun does not rise at all, but it is the earth that is

rotating.

We know that the sun rise is mithya; we don't experience the earth rotating but

we experience the stationery earth. Similarly, vedanta does not remove

dwaidda experience but negates the attribute. Because of this change in

understanding, one will not develop raga dwesha towards a mithya vathu.

The attachments will be gone. Once you understand the rope snake, it will

not threaten you. Mithya prabhanja can't generate attachment.

Running after mithya security will end and therefore mind withdraws from all

struggles.

Mirage water not only does not

quench the thirst, but because of running the thirst might increase.

Verse 80

The wise person does not seek mithya

vasthu; he also gets security in the form of thuriyum; similar to a person

discovering water right underneath. He will no more run after mirage

water; he gets real water which removes thirst. A wise person withdraws

from mithya struggle, but that withdrawal is permanent; there is no

repetition. He will have peace which is inexplicable. That peace of

mind is not describable. That peace of mind is knowable only to wise

people. It is accessible only for wise people.

In the scriptures, moksha is often

equated to Brahman, even though moksha is only a state of mind. The reason is a wise person does not look up on his peaceful mind different than Brahman. That moksha enjoyed by a wise person is none other than Brahman, the never the same the never undisturbed. The worldly peace of mind is temporarily available. The uniqueness of gyanam is that is ever same.  $2 + 2$  is always 4; it never changes; gyanam never changes. Therefore, gyanam based peace will never change. It is birthless; changeless and non-dual.

#### Verse 81

In this verse also Gowdapadha equates Moksha to Brahman. Moksha is a state of mind as a result of gyanam. That moksha is equated to Brahman because a gyani knows everything is not different from Brahman. That moksha is none other than dharma or atma. Usually dharma is either noble action or noble result. Here it means atma. Birthless indicates not connected with sthūla sareeram. Dreamless means not connected with shukshma sareeram. Sleepless indicates not connected with karana saareeram. Once I cut off the three-fold relationship, I know that I am viswa taijasa pragya vilakshanam; therefore moksha is no different than thuriyuam. Its nature is pure consciousness. Viswa is associated with material sthūla

sareeram; taijasa

is associated with material sukshama sareeram; pragya is associated with

material karana sareeram; Thuriyum is not connected with any material sareeram

but pure consciousness. Consciousness is:

- Not a part or product of body; not a product created by brain
  - Independent, invisible entity that pervades body
  - Not limited or confined by boundaries of body
  - Survives even after the body dies
  - Surviving consciousness can't be recognized by us and is not available for transactions

Thuriyum is self-effulgent and is

ever effulgent. it is every evident. This consciousness' sentient

not borrowed from anywhere, it is conscious by its very intrinsic nature.

Sentience of physical body is borrowed from sukshma sareeram.

Atma does not

borrow consciousness, it is conscious by very nature.

Verse 82

The problem faced by every

seeker: The moment I wake up and know that I am waker, the dream world

disappears and does not create a problem. In the case of spiritual

knowledge, by sravana manana nidhithyasanam, a seeker recognizes that I am

thuriyum and everything else is mithya. Even after waking up

to this  
thuriya knowledge, this mithya prabanja does not disappear  
because of the power  
of prarabtha. This is similar to fan rotating after being  
switched  
off. Because of the continuation of vyavakara, you get hungry  
etc.  
It is the nature of body that there is hunger, thirst, dirt.  
Vyavakara  
can be reduced but it can't be totally stopped. Transactions  
and ashrama  
duties will continue. Handling the body is common duty of  
gyani and there  
are other duties associated with ashrama. If one of grahastha  
gyani,  
gragastha duties will continues. One has to be extremely  
alert; every  
transaction will invoke the viswa and ego personality. When  
the child is  
in front of me, I the parent is invoked. Every transaction in  
sthula  
prabanja will invoke a viwsa property. The invoked viswa may  
become  
prominent and it is possible that thuriya may become less  
prominent and go to  
the background. When the thuriyum is forgotten, this person  
starts to  
behave as though he is an agyani.