

Bhagavad Gita Summary

In these sections, I am reproducing my notes from classes that were given by Swami Paramarthananda as stand alone summary of Bhagavad Gita at Sanskrit College. These are the same classes that the students of Vedantic Study Group, Hindu Temple of Greater Chicago listened to online, starting in 2021.

Please note that these notes are summarized versions based on my reception and recollections. They are not word by word reproduction of the classes. Other students may have different recollections and interpretations. Also, note that Swamiji has not seen, reviewed or blessed these notes

While this summary of Bhagavad Gita gives a good starting point, one should study Bhagavad Gita in detail. Swamiji recommends listening to his classes on Bhagavad Gita. While it requires significant investment of time, I found it to clarify many concepts and lay a strong foundation for spiritual growth.