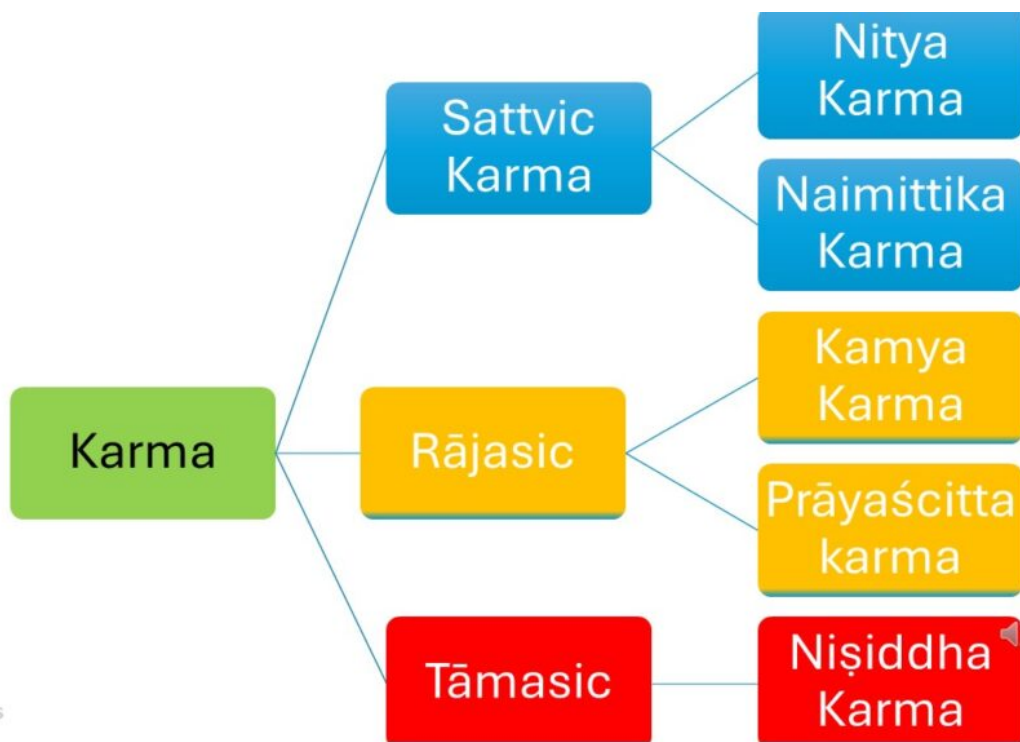


Niyatha Karma 2

In this second video discussing the concept of Karma in Vedanta, I detail Niyatha Karma – tapas (Austerity), DhAnam (Charity) and Pancha MahA Yajña (five essential practices) – as described in Bhagavad Gita. Bhagavan Krishna tells us in Bhagavad Gita that we should not renounce these niyatha karma. The slides used in this video:



Tapas

- Moderation; avoid overindulgence
- Austerity; spiritual discipline
- Conviction, not compulsion

DhAnam

- Charity
- Sharing Wealth, knowledge

Yajña

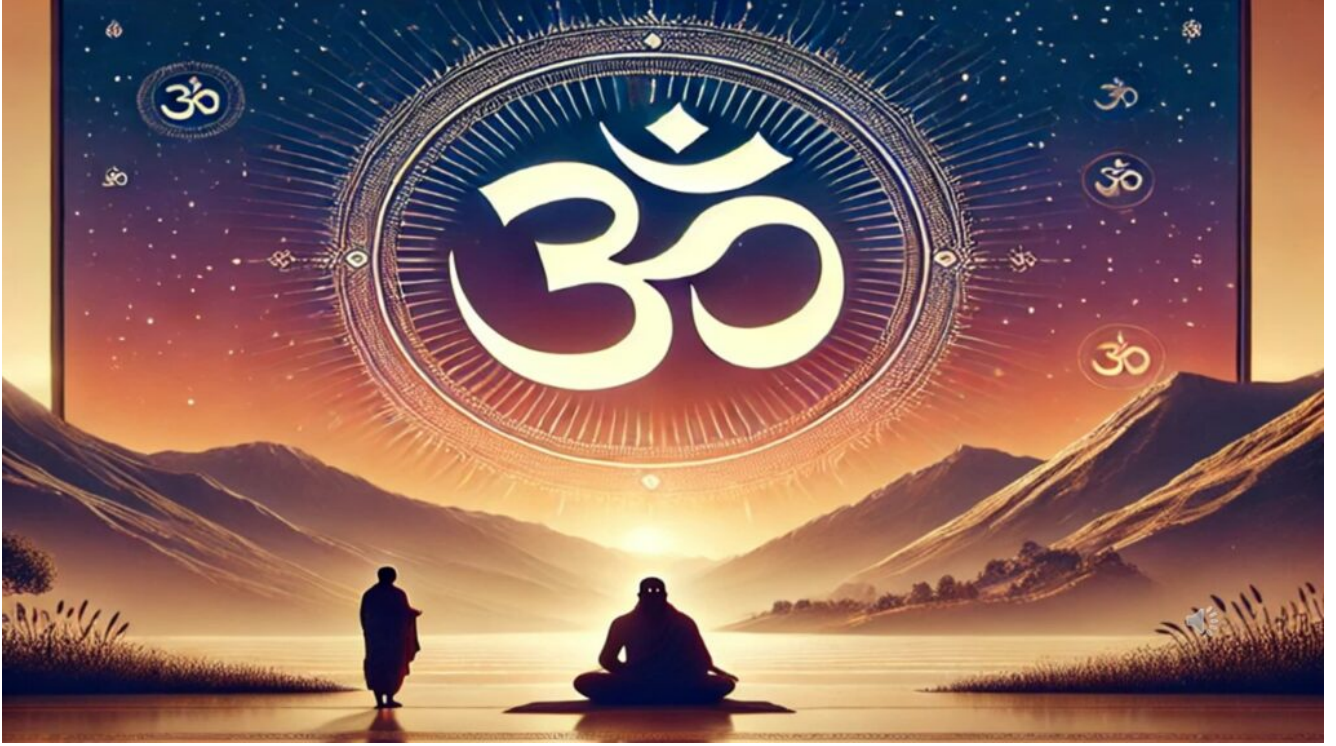
- Pancha MahA Yajña



Pañcha MahA Yajña (Five Essential Practices)

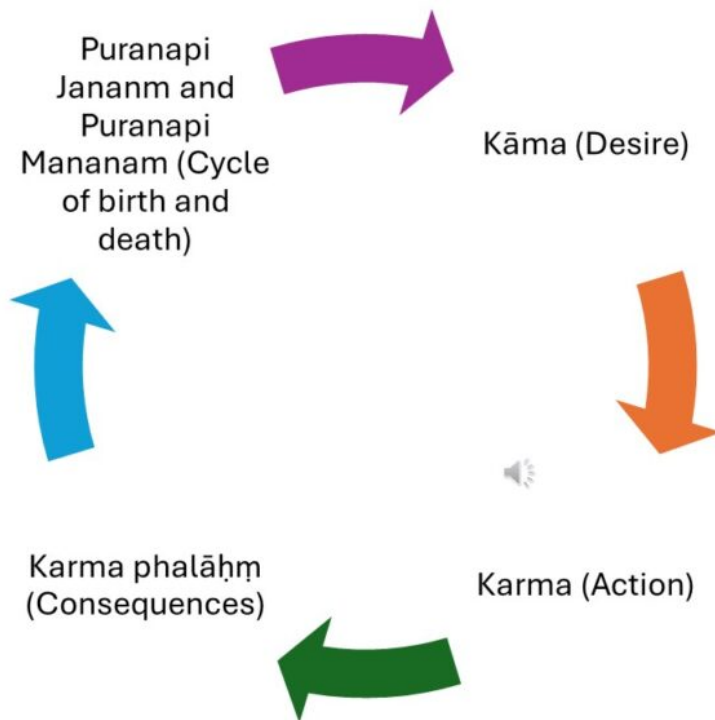
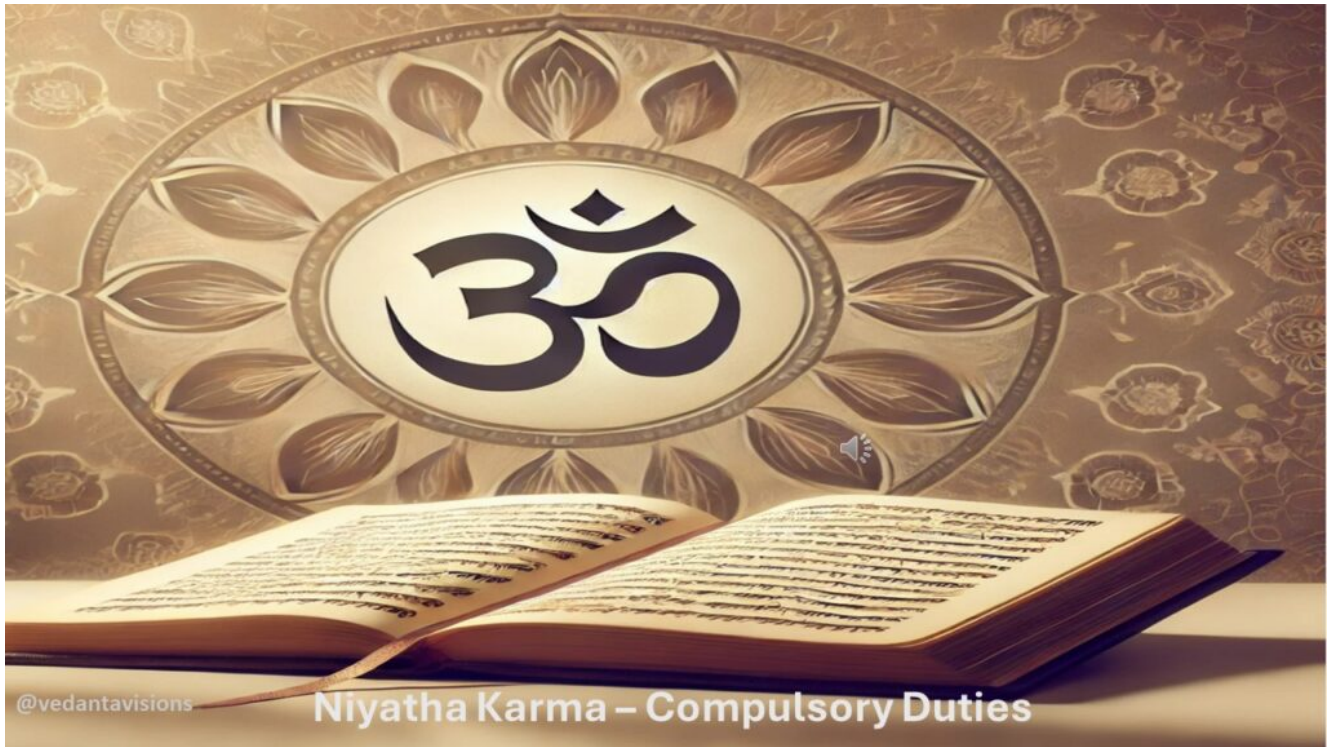
Brahma Yajña	Pitr Yajña	Manusya Yajña	BhUta Yajña	Deva Yajña
Scriptural Studies	Duties to Ancestors	Social Services	Protecting Environment	Worship
Preserving and promoting scriptures	Reverential services to the preservation of family	Reverential service to society	Environmental infrastructure	Reverential appreciation of Eeswara
Allotting some time for the study of scriptures	Regular worship of the ancestors, both living and the dead	All types of social service	Protecting all non human beings	A portion of the day must be necessarily allotted for worship

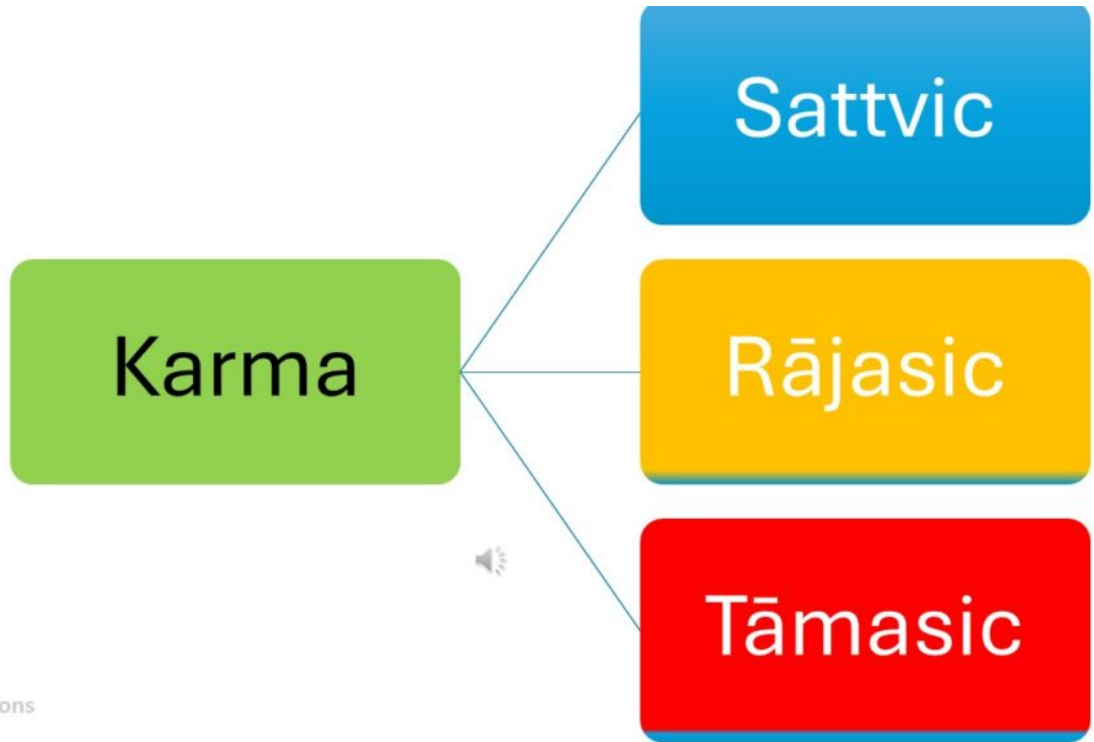




Niyatha Karma: Compulsory Duties in Vedanta / Bhagavad Gita

Charts and graphs used in this video:





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Five-fold Classification of Karma

Nitya or Vihita Karma – Compulsory Obligations

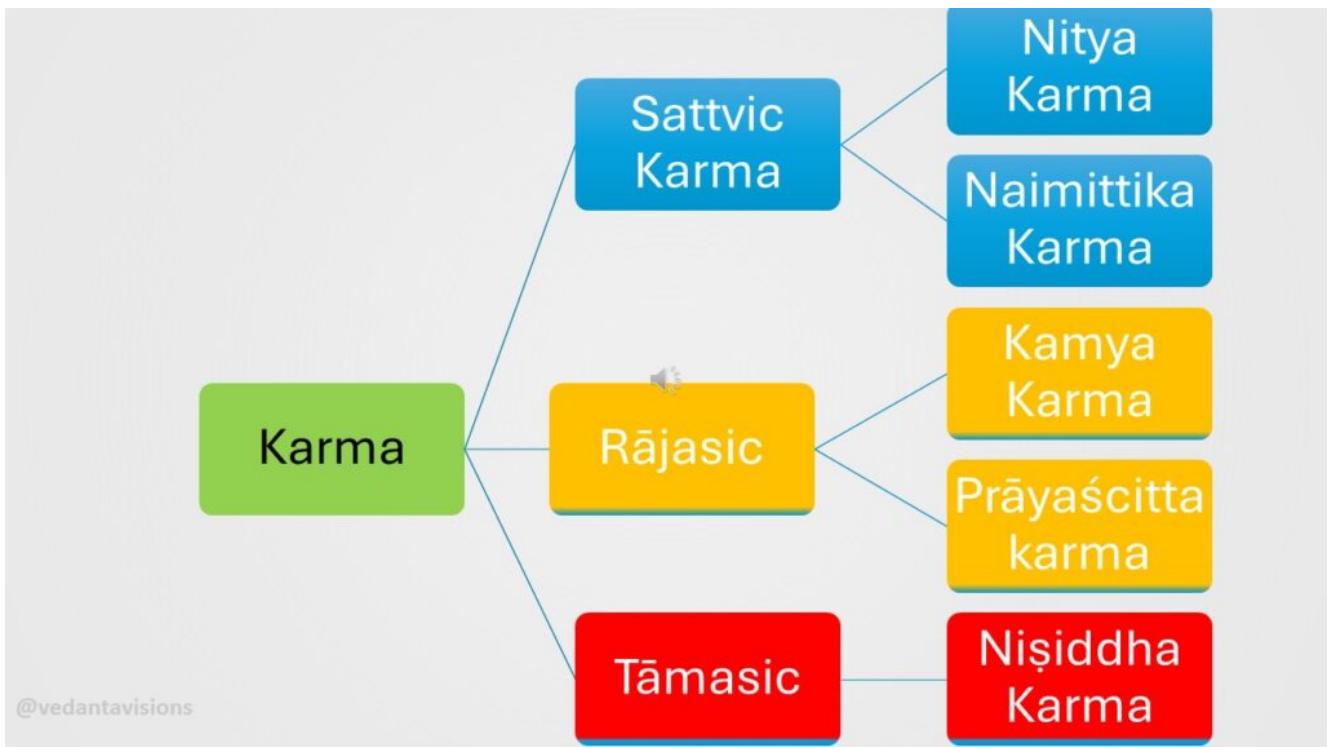
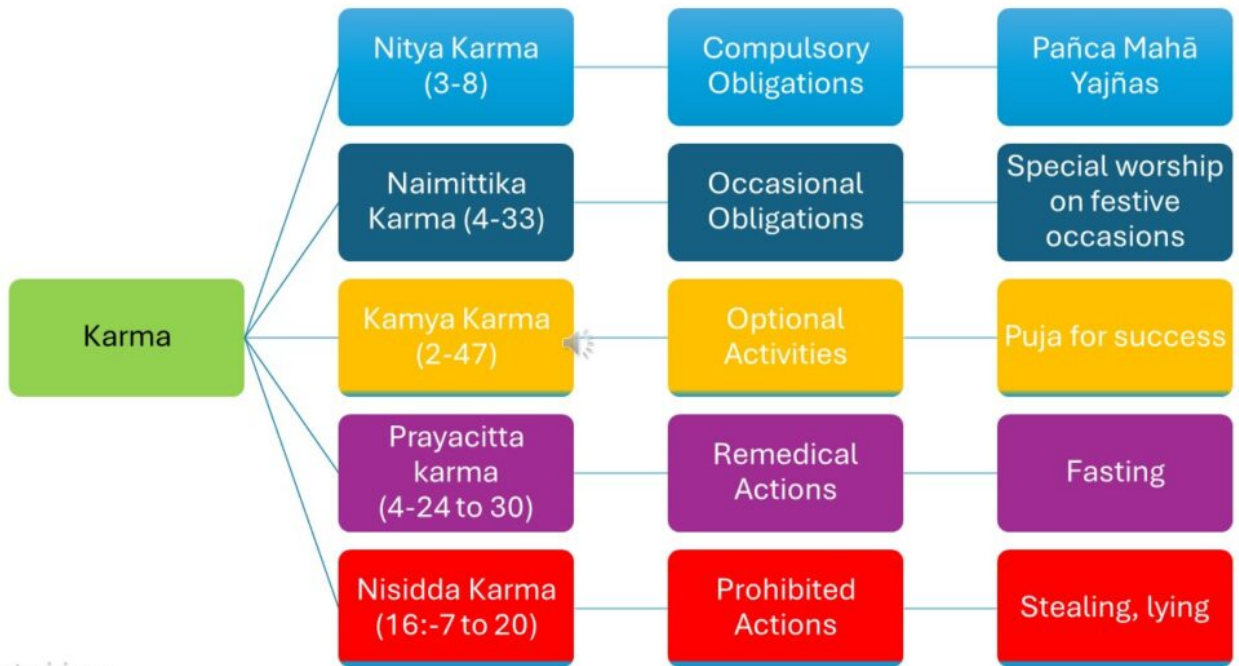
Naimittika Karma – Occasional Obligations

Kāmya Karma or Sakāma Karma, Optional Activities

Prāyaścitta Karma, Remedial Activities

Niṣiddha Karma, Prohibited Activities

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Niyatha Karma (18-4 to 11)

- Pañca Mahā Yajñas
- Dhānam
- Tapaḥ

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- Nitya Karma
- Naimittika Karma

- Satvic Karma



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Niyatha Karma – Compulsory Duties

Bhaghavat Gita Overview

In this video, I present the structure of Bhagavad Gita. This is an outline based on Swami Paramarthanand class at the beginning of Chapter 13 of Bhagavad Gita. This video is based on my notes from that class, supplemented with a few charts. This is not a teaching of Bhagavad Gita, just an overview. I hope you find this informative and that it inspires you to study Bhagavad Gita.

<http://www.advaiddam.com/wp-content/uploads/2024/06/Bhagavad-Gita-Overview.pdf>

Gunathrayâm/Three Attributes Part 5



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Gunathrayam/Three Attributes Part 4

Gunathrayam-Part-4Download

Gunathrayam/Three Attributes, Part 3



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Gunathrayam Part 2




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Gunathrayâṁ/Three Gunas

Gunathrayâṁ/Three Gunas



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