

# Karma and Karma-phalam

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## Laws of Karma

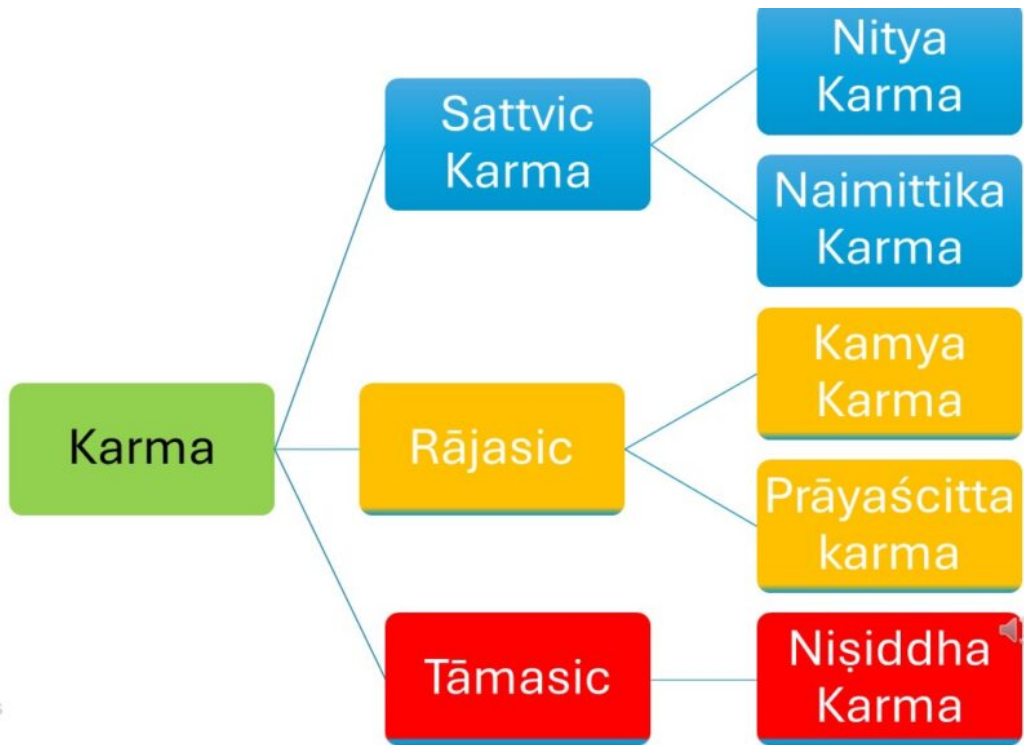
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laws of karmaDownload

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## Niyatha Karma 2

In this second video discussing the concept of Karma in Vedanta, I detail Niyatha Karma – tapas (Austerity), DhAnam (Charity) and Pancha MahA Yajña (five essential practices) – as described in Bhagavad Gita. Bhagavan Krishna tells us in Bhagavad Gita that we should not renounce these niyatha karma. The slides used in this video:



## Tapas

- Moderation; avoid overindulgence
- Austerity; spiritual discipline
- Conviction, not compulsion

## DhAnam

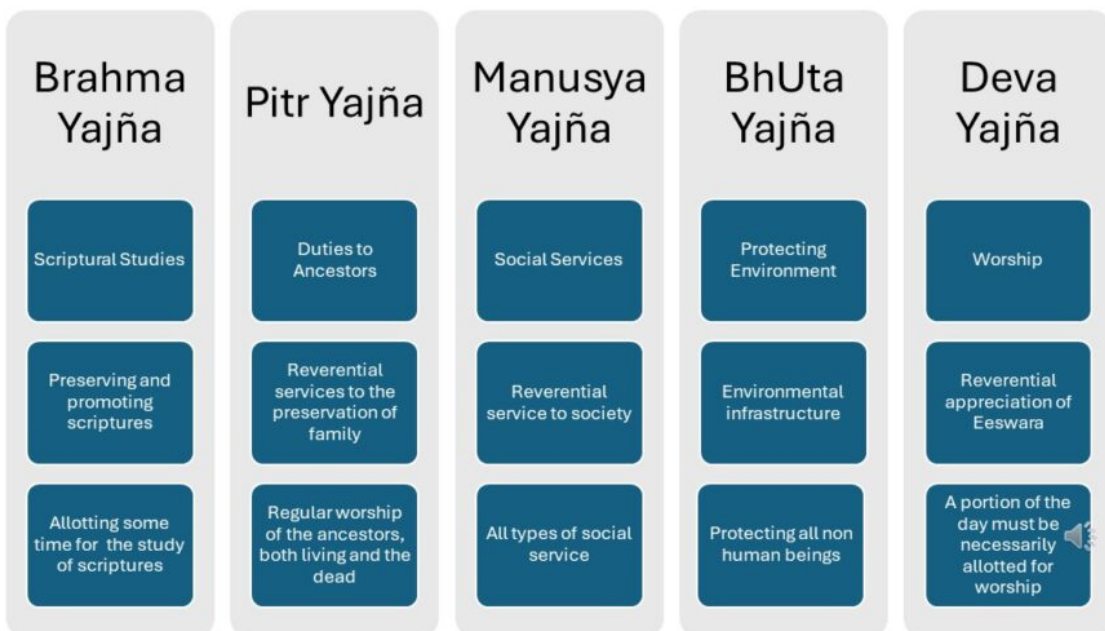
- Charity
- Sharing Wealth, knowledge

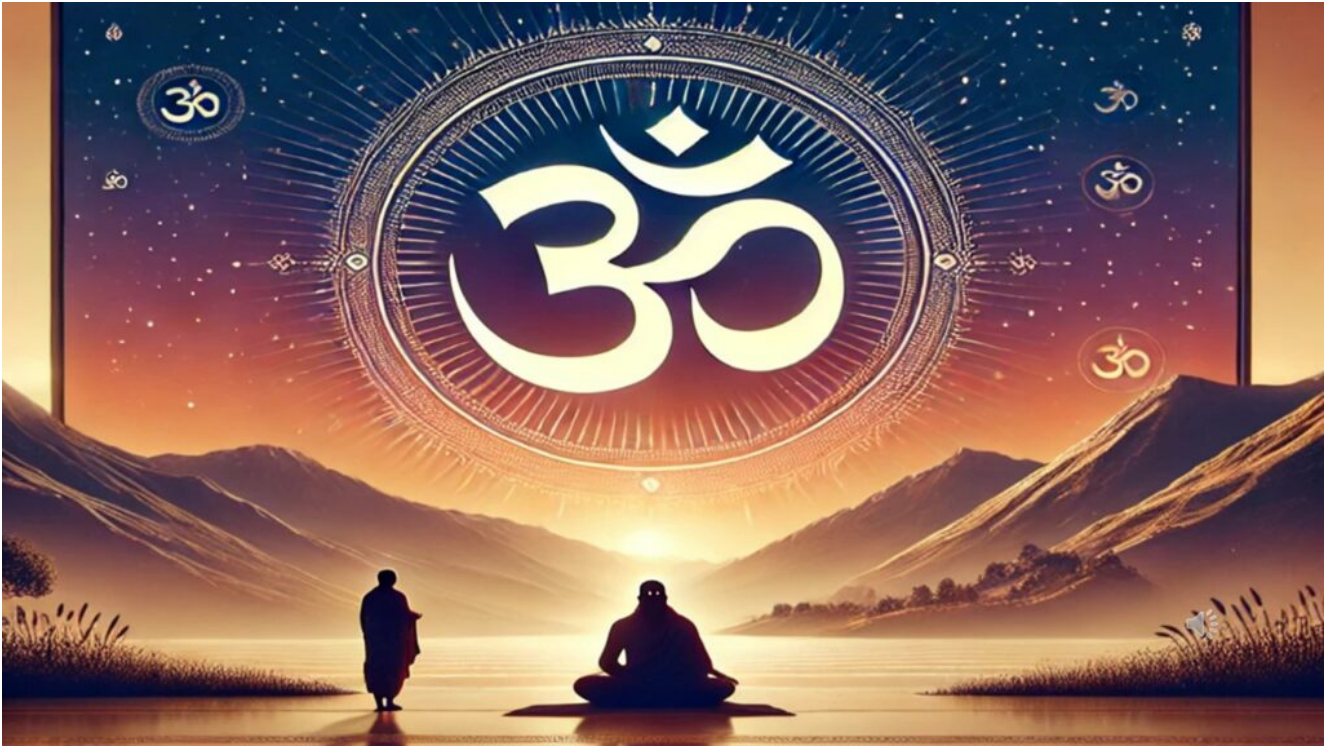
## Yajña

- Pancha MahA Yajña



### Pañcha MahA Yajña (Five Essential Practices)

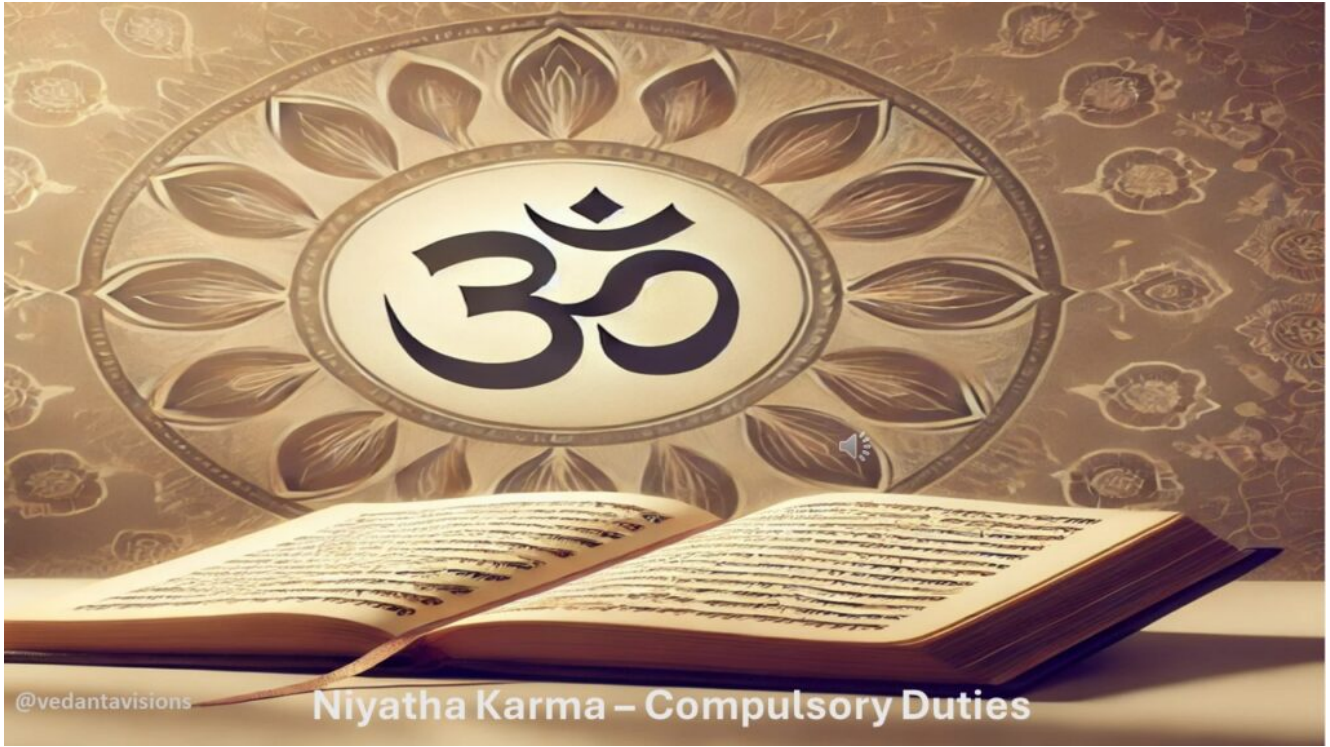




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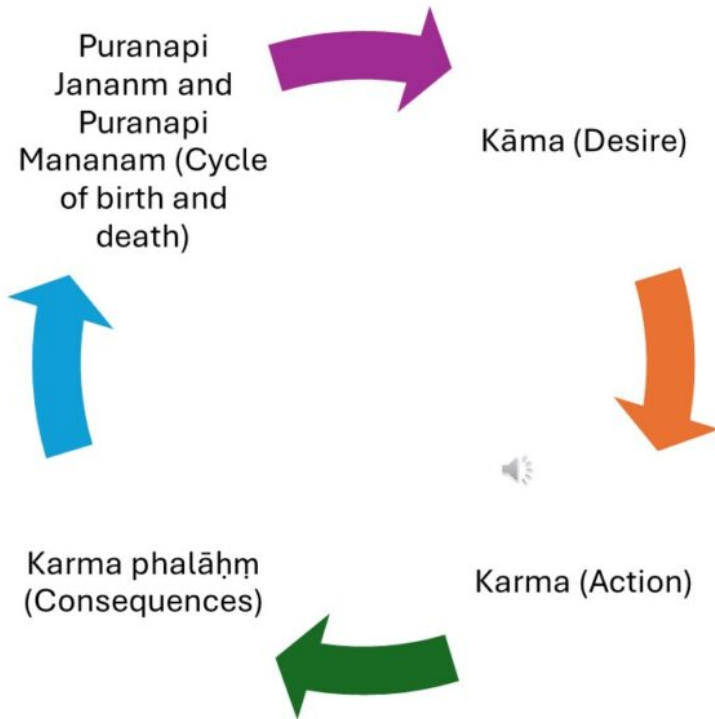
# **Niyatha Karma: Compulsory Duties in Vedanta / Bhagavad Gita**

Charts and graphs used in this video:

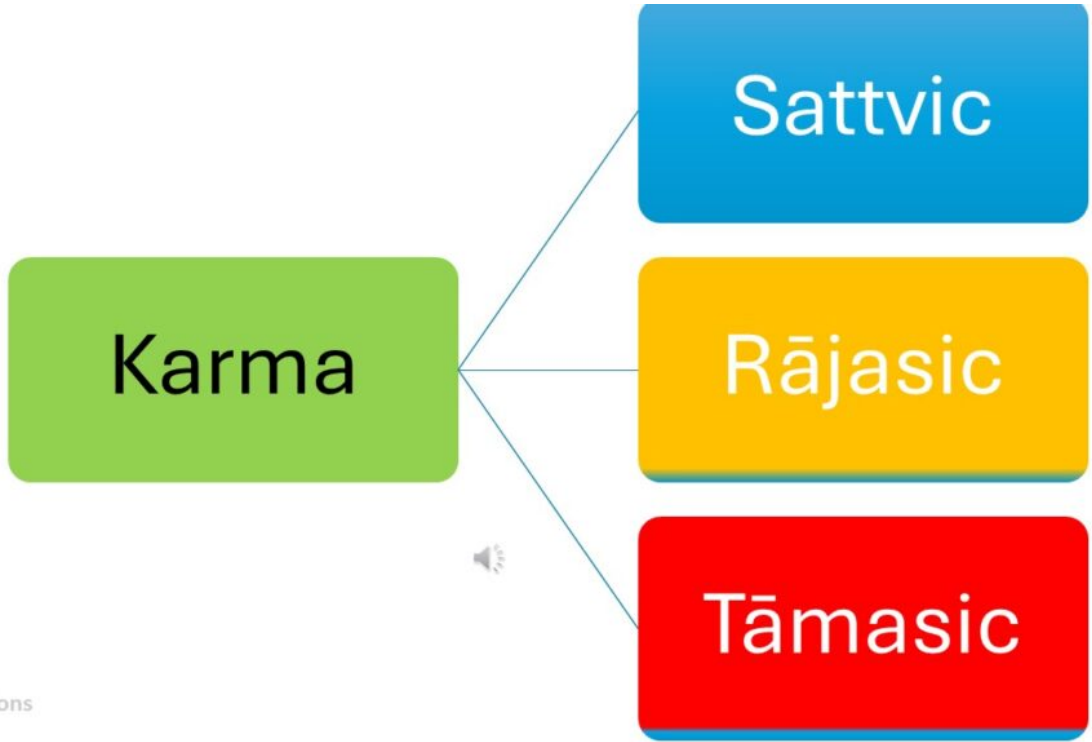


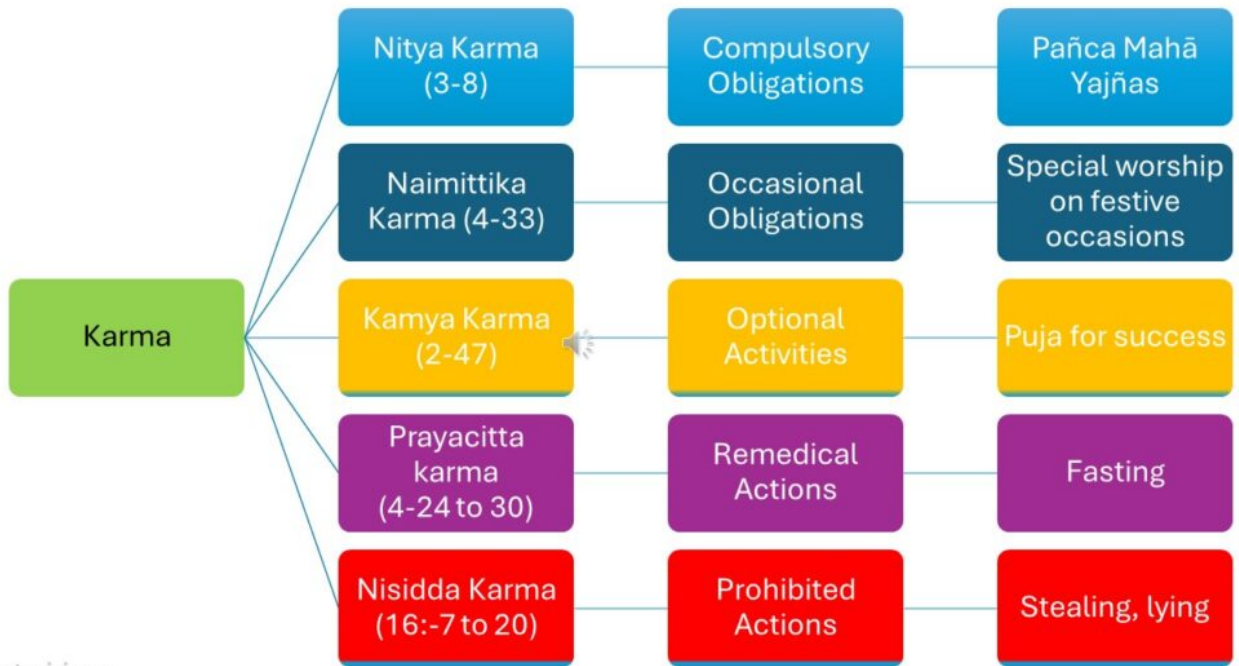
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## Niyatha Karma – Compulsory Duties

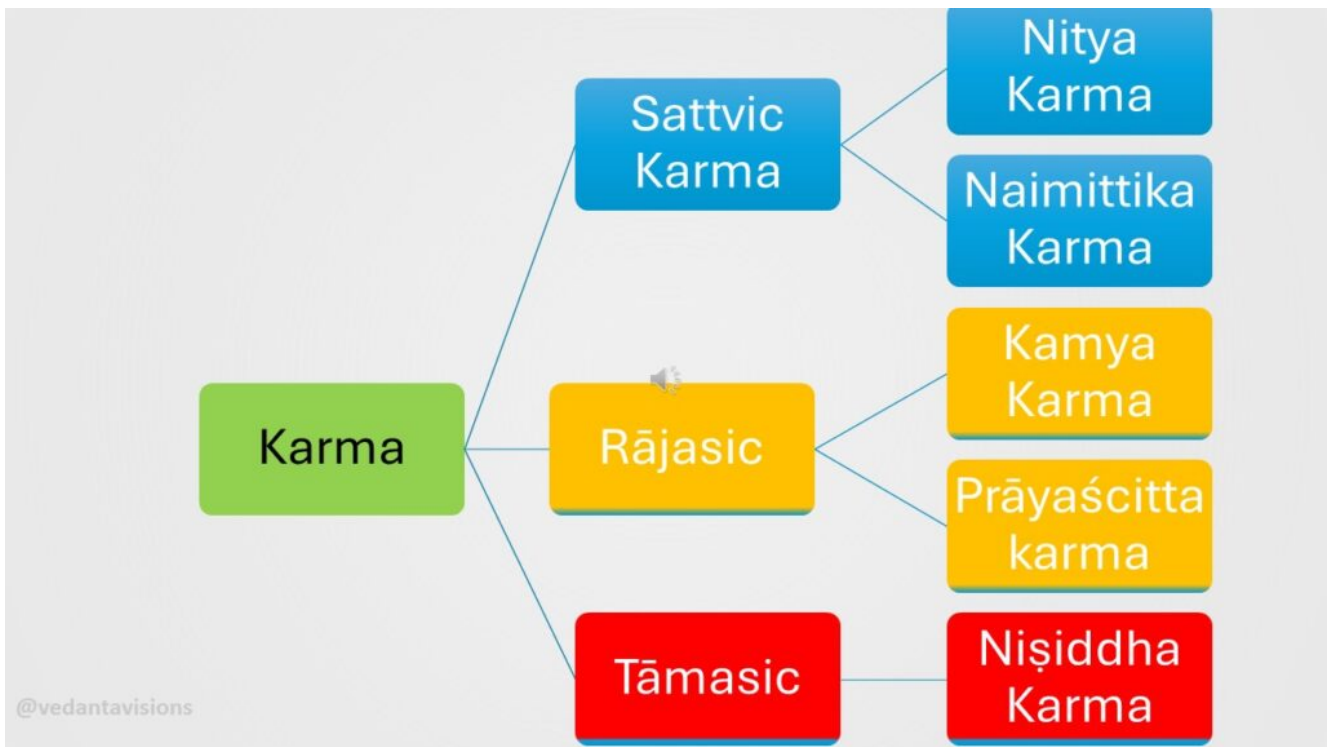


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# Niyatha Karma (18-4 to 11)

- Pañca Mahā Yajñas
- Dhānam
- Tapah

- Nitya Karma
- Naimittika Karma

- Satvic Karma

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Niyatha Karma – Compulsory Duties

# **Bhaghavat Gita Overview**

In this video, I present the structure of Bhagavad Gita. This is an outline based on Swami Paramarthanand class at the beginning of Chapter 13 of Bhagavad Gita. This video is based on my notes from that class, supplemented with a few charts. This is not a teaching of Bhagavad Gita, just an overview. I hope you find this informative and that it inspires you to study Bhagavad Gita.

<http://www.advaidam.com/wp-content/uploads/2024/06/Bhagavad-Gita-Overview.pdf>

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## **Gunathrayam/Three Attributes Part 5**



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# **Gunathrayam/Three Attributes Part 4**

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# **Gunathrayam/Three Attributes, Part 3**




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# Gunathrayam Part 2




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# Gunathrayâṁ/Three Gunas


Gunathrayâṁ/Three Gunas



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