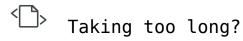
Vishnu Sahasarnamam

As part of Sadhana, Swamiji mentions that we do prayers, stuties, puja etc to prepare our-self. One of the Strotram is Vishnu Sahasra Namam. Here are the Sanskrit lyrics and YouTube presentation of Vishnu Sahasaranamam:



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https://www.youtube.com/watch?v=FBxXYK4fBoY

Devi Kavacham — Argala — Stotram

As part of Sadhana, Swamiji mentions that we do prayers, stuties, puja etc to prepare our-self. One of the Strotram is Devi Kavcham — Argala Stotram. Here are the Sanskrit lyrics and YouTube presentation of Devi Kavacham — Argala — Stotram:

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You can follow this stotram with this video in YouTube:

Om Chant

http://www.advaidam.com/wp-content/uploads/2018/06/om.mp3

Kaivalya Upanishads Chanting

Please click on the link below to chant along Kaivalya Upanishad. This is a recording of Kaivalya Upanishads chanting by Sri Ganesh Gurukul of the Gayatri temple in Lockport, Illinois.

http://www.advaidam.com/wp-content/uploads/2016/09/MP3Kaivalya
Unanishad.mp3